



Snohomish Valley Holistic Medicine

June 18, 2025

RE: Veronika Goodnight, DOB: 2/15/1982

To Whom It May Concern:

I am writing again in support of Veronika's request for sole medical decision making for her children, Elora, Aidan, and Raina Goodnight-Ralidak. Over the past year, despite having joint medical decision making specified in the parenting plan, Veronika has been excluded from visits with other healthcare providers regarding her children. On April 7, 2025, Veronika had been notified by Mathew of an appointment he made for Elora at EvergreenHealth on 4/10/25, where the children had established care last year while staying with their dad. Veronika reached out to me as the Primary Care Provider her children have been seeing for several years and notified Mathew that she would prefer to have Elora be seen by me, if possible, due to my established relationship (at the time the appointment at EvergreenHealth was with a provider who had never seen Elora) and historical knowledge of Elora's complaints of tonsil and stomach issues. Despite my offering availability on the same day as the appointment scheduled at EvergreenHealth, Mathew opted to take Elora to EvergreenHealth on 4/9/25 instead, where Elora did end up being seen by the ARNP she had established care with there. Veronika was not given any say in the decision of where Elora should go despite communicating with Mathew that her preference was for Elora to see me. In order to ensure continuity of care, I did provide historical records of the health issues for Elora to the EvergreenHealth provider and after reviewing the treatment plan given by that provider, I reassured Veronika that in my medical opinion, the plan was reasonable and not too different from what I would have recommended.

One of the recommendations was for Elora to see an allergy specialist for testing due to the persistence of enlarged tonsils. On April 10, 2025, Veronika notified me that she had scheduled an appointment with an asthma and allergy specialist to whom Elora had been referred and just 2 days later, she learned that Mathew had canceled the appointment. This is another example of Mathew excluding Veronika from the medical decision-making process that she and Mathew agreed upon in the parenting plan. While I do not have any concerns about the medical care Elora and her siblings are receiving, I am concerned about the rights of Veronika being violated as she has been excluded from the medical decision making process as well as the impact her exclusion from these decisions and doctor's appointments may have on the relationship with her children. In the past, Mathew has reached out to me and sought care or medical advice for his children, which is what makes the recent decision to take Elora to the provider of his choice despite my having availability in the same week seem out of the ordinary.

Finally, on 4/27/25 and 6/2/25, Veronika received notifications from the pharmacy about medications prescribed for her children that had not been picked up. She reached out to me to find out if I had seen the children and I was able to confirm that I had not seen the children nor prescribed the medications. I also verified that the prescriptions were ordered by urgent care providers after accessing the prescription history on each occasion. Veronika was understandably concerned that she had not been informed of the medical care her children had received as well as that the prescribed treatments may not have been administered as ordered. I did explain that it was possible the prescriptions had been sent to a different pharmacy and picked up; however, both the need for medical care and the treatment plans should have been communicated to her per the parenting plan and clearly, there had been no communication aside from the pharmacy texts. This is yet another example of Veronika's parental rights being violated.

I sincerely hope that the court will consider what is best for the children and allow their mother, who prior to her separation and divorce from Mathew, was always the one to schedule appointments and discuss health concerns and treatment plans with me as the Primary Care Provider, resume that role as a parent and be given the opportunity to re-build a healthy relationship with her children.

I declare, under penalty of perjury under the laws of the State of Washington, that the statement made above is true and correct to the best of my knowledge.

Sincerely,

Signed on 6/18/2025 in King County, WA

Stacy Bowker, ND

WA License # NT00001309